













WEEK 1

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Spring Harvest Quesadilla with Cheese, Pötato, Spring Onion and Tomato Salsa (V)  	Chilli BBQ Beef & Bean Ragu with Penne    	Roast Chicken with Gravy & Roasties  	Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice    	Sustainably Sourced Battered Fish & Chips Grilled Sausage & Chips 
MEAT FREE	Crispy Onion Mac & Cheese (V) 	Falafel Power Bowl with Hummus, Grains, Rice & Salad (Ve)   	Roast Quorn with Gravy & Roasties 	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)   	Cheese & Tomato Pizza & Wedges/Chips  
GRAB & GO	Cheese Pizza bread Vegan Sausage Roll (Ve)	Chicken Burger Sweet Waffles Cheese Pizza Bread	Sweet chilli chicken wrap Cheese Pizza Bread Sweet Waffles	Popcorn Chicken & wedges Loaded wedges with BBQ pork& sweetcorn BBQ Chicken wrap	
POT 'N' TASTY	Tomato & Basil Pasta Jacket Potato with Beans 	Pesto Pasta Bowl Jacket potato with Cheese or Baked beans    	Sweet & Sour Chicken & Rice Jacket Potato with Cheese	Jacket Potato with Cheese or Baked Beans Pasta Arrabbiata Jacket Potato with Beans 	
SIDES	Broccoli, Baked Beans    Mixed Salad, Garlic Bread	Fajita Roasted Sweetcorn & Peppers, Baked Beans    Mixed Salad	Country Mixed Vegetables, Baked Beans    Mixed Salad	Baked Beans    Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans    Mixed Salad
TODAY'S DESSERTS	Marble Cake	Iced Sponge	Ginger Cake & Custard 	Giant Chocolate Cookie	Apple Crumble & Custard  

WEEK 2

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Tomato 'Pizza' Macaroni Cheese (V)  	Kashmiri Spice Bowl with Beef, Lentils & Mixed Rice    	Roast Gammon Crispy Roasties & Pan Gravy  	Meatballs with Cheese and Arrabbiata Sauce & Penne Pasta  	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Nuggets & Chips 
MEAT FREE	Buffalo Cauliflower & Mixed Bean Burrito   	Cheesy Quorn Meatballs with Arrabbiata Sauce & Penne Pasta  	Roasted Sweet Potato & Cheese Tart with Roast Potatoes  	Vegemince Cottage Pie   	Cheese & Tomato Pizza & Wedges/Chips  
GRAB & GO	Cheese Pizza bread Vegan Sausage Roll (Ve) Vegetable Chilli & rice 	Chicken Burger Sweet Waffles Pepperoni Pizza bread	Bbq Chicken wrap Cheese Pizza Bread Sweet Waffles	Popcorn Chicken & wedges Cheese Pizza Bread Jacket Potato with Cheese	Cheese Pizza bread Sweet Waffles Southern Fried Chicken Wrap
POT 'N' TASTY	Jacket Potato with Cheese or Baked Beans   	Avocado Pulse Buddha Bowl 	Chicken Jalfrezi & Steamed Rice   	Veggie Pasta Pot   	Jacket Potato with Tuna Mayo  
SIDES	Broccoli, Baked Beans    Mixed Salad, Crisp Garlic Bread	Fajita Roasted Sweetcorn & Peppers Baked Beans    Mixed Salad	Seasonal Mixed Vegetables, Baked Beans    Mixed Salad	Baked Beans    Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans    Mixed Salad
TODAY'S DESSERTS	Lemon & Blueberry Slice with Custard 	Flapjack	Iced Vanilla Sponge with Custard 	Jam Sponge or Cornflake Cake	Giant Chocolate Cookie

Slow-Release Energy Foods



For a Healthy Gut



Brain Boost



Contains Calcium



Contains Iron



Contains Protein



V - Vegetarian VE - Vegan

WEEK 3

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Roasted Cauliflower Cheese Tart with Homebaked Potato Wedges  	Beak Street Chicken with Savoury Rice & BBQ Glaze  	Roast Chicken with Gravy & Roast Potatoes 	Butter Chicken & Chickpea Curry with Rice    	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 
MEAT FREE	Vegetable Bolognese Pasta with Garlic Bread Slice   	Brazilian Vegetable Stew with Savoury Rice (Ve)   	Greek Style Vegetable Pastitsio (Layered Pasta Bake)  	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V)   	Cheese & Tomato Pizza   & Wedges/Chips
GRAB & GO	Vegetable CheeseBurger Vegan Sausage Roll (Ve) 	Chicken Burger Sweet Waffles Pepperoni Pizza Bread	Sweet chilli chicken wrap Cheese Pizza Bread Chicken Sausage Roll	Popcorn Chicken &wedges Jacket Potato with Cheese	Cheese Pizza bread Sweet Waffles Popcorn Chicken&wedges
POT 'N' TASTY	Jacket Potato with Cheese or Baked Beans   	Beef Bolognese Pasta Pot    	Pesto & Penne Pasta 	Tomato & Basil Pasta Pot (Ve) 	Jacket Potato with Cheese or Baked Beans
SIDES	Broccoli, Baked Beans    Mixed Salad, Crisp Garlic Bread	Baked Beans    Garden Salad, Roasted Sweetcorn, Wedges	Italian Garden Salad, Country Mixed Vegetables	Baked Beans    Steamed Broccoli	Peas, Baked Beans    Mixed Salad
TODAY'S DESSERTS	Jam Sponge	Marble Chocolate Sponge with Custard 	Lemon Drizzle Cake	Iced Orange & Ginger Traybake with Custard 	Giant Vanilla Cookie